



## **COVID RULES FOR COMPETITORS, COACHES, ACCOMPANYING PEOPLE**

- COVID SELF DECLARATION PAPER TO FILL
- WEAR THE MASK INSIDE PLACES (RACE OFFICE, JURY AND RACE COMMITTEE ROOMS, BAR/RESTAURANT)
- WEAR THE MASK OUTSIDE IF CLOSER THAN 1 METER
- SOCIAL DISTANCING
- SANITIZE YOUR HANDS

Thank you very much!